



## THE TERRIERS

### Job Description

<b>Job title</b>	Senior Physical Performance Coach	<b>Department / Location</b>	Performance Services
<b>Reporting line</b>	Head of Performance Services	<b>No of direct reports</b>	n/a
<b>Purpose of role</b>	Lead in the design, development and operational the delivery of the club's player monitoring strategies, and support in the design and delivery of individual player and team-based physical performance training programmes.		
<b>Key relationships</b>	Internal – First Team Playing Squad / Performance Services Team / First Team Coaches  External – International Performance Services Teams / Loan (host) club Performance Services Team		
<b>Overview</b>	<ul style="list-style-type: none"><li>• As Senior Physical Performance Coach you will be responsible for leading in the delivery of the clubs pre-training preparation strategy including the effective monitoring of individual player responses to load and the prescription and delivery of commensurate preparative work to optimise training activity.</li><li>• The role will see you play a key role delivering both individual player and team-based training sessions as well as support match day team preparation.</li><li>• Additionally, you will work closely with the First Team's Physiotherapy staff in the design and delivery of late stage rehabilitation training programme, as well as assisting in the design and delivery of injury risk management activity.</li><li>• Finally, you will also work collaboratively with the Performance Staff at the host club of our loan players, to optimise the long-term development of these player athletes.</li></ul>		

<b>Key Tasks</b>	<ul style="list-style-type: none"> <li>• Lead in the operational delivery of the club's monitoring strategy and in the use of garnered data to inform individual player and team-based pre-training preparations activity.</li> <li>• Assist in the design and delivery of individual player and team-based on-field and gym-based training programmes</li> <li>• Support match day team preparation</li> <li>• Lead in the design and delivery of late-stage rehabilitation training to optimise successful reintegration into team training following injury</li> <li>• Assist in the design, delivery and continued review of the first team's injury risk management strategies</li> <li>• Develop and manage an effective system for monitoring the physical development of loan players</li> <li>• Maintain a comprehensive database of works completed with players and coaches.</li> <li>• Assist in writing and continually updating the department's standard operating procedures.</li> <li>• Executes additional tasks as required to meet the football club's changing priorities</li> <li>• Carry out any other reasonable management request</li> </ul>
<b>Behaviour</b>	<ul style="list-style-type: none"> <li>• Proactive with workload and interventions</li> <li>• Seeks to continually develop</li> <li>• Organised and structured approach</li> <li>• Communicate appropriately at all levels</li> <li>• Flexible to fit the development and growth of the club</li> <li>• Be flexible in hours of work.</li> <li>• Be trustworthy and adhere to the Club's Code of Conduct and Ethics.</li> <li>• Adhere to protocol and respect confidentiality in all matters.</li> <li>• Display high standards of behaviour and appearance and encourage the same from others.</li> <li>• A commitment to safeguarding and promoting the welfare of children and young people</li> <li>• To be respectful of characteristics under the Equality Act 2010.</li> </ul>
<b>Important Information</b>	<p>Huddersfield Town Associated Football Club (HTAFC) is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. If this role involves the supervision of and work with children and young people or vulnerable adults you will require an Enhanced Criminal Records Check (CRC) through the Disclosure and Barring Service (DBS) and clearance for work in football by The FA. As such, this post is exempt for the rehabilitation of Offenders Act (1974) and the applicant must disclose all previous convictions including spent convictions.</p> <p>HTAFC is a diverse Club that respects all characteristics under the Equality Act 2010; we want everyone to feel valued and included within the Club and to achieve their full potential. HTAFC has a zero-tolerance approach to any form of discrimination and commits itself to the redress of any inequalities by taking positive action where appropriate</p>